


Next Steps for Infants Perinatally Substance Exposed:

After Newborn Discharge

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On behalf of the Colorado Hospital Substance Exposed Newborns Quality Improvement Collaborative Steering Committee

Colorado Chapter

American Academy of Pediatrics 
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Nutrition/ Growth	<ul style="list-style-type: none"> • Standard infant formulas with partially hydrolyzed protein: Enfamil Gentlease, Gerber GoodStart Gentle, Similac Pro-Total Comfort • Consider 22kcal/oz or 24kcal/oz if small for gestational age (SGA) or poor weight gain <ul style="list-style-type: none"> ◦ 22kcal/oz standard formula: 3.5 ounces of water + 2 level scoops of powder ◦ 22kcal/oz fortified breastmilk: 2.5 ounces breast milk + ½ teaspoon (tsp) of powder ◦ 24kcal/oz standard formula: 6.5 ounces of water + 4 level scoops of powder ◦ 24kcal/oz fortified breastmilk: 2.5 ounces breast milk + 1 teaspoon (tsp) of powder
Infectious disease labs to ensure have been completed	<ul style="list-style-type: none"> • If no record of maternal labs consider: HIV RNA PCR (Viral Load), HIV Rapid Antibody/Antigen, Hep B surface antigen and antibody, Hep C antibody (recheck at 18 months), Hep C RNA, RPR, CBC, CMP • All infants exposed to hepatitis C during pregnancy or delivery should be tested using a NAT for HCV RNA at age 2 to 6 months of life, and any child with detectable HCV RNA¹ → refer to Children’s Hospital Colorado (CHCO) Hepatology (720-777-6669) • If you have questions or concerns about what labs to order or how to interpret labs use: CHCO One Call (720-777-3999) to talk with infectious disease or Children’s Hospital Immunodeficiency Program (CHiP) clinic (specializes in HIV) • Recheck Hep C at 18 months for all Infants with Perinatal Substance Exposure (IPSE)
Referrals to confirm/ consider	<ul style="list-style-type: none"> • Early Intervention (ALL IPSE): refer/confirm ASAP, need educational consent for evaluation to occur but anyone can refer to begin process, if having issues getting birth parent consent, contact GAL or case worker • Occupational Therapy (can refer in addition to EI): helpful for feeding/sleeping/regulation • Lactation • Special Supplemental Nutrition Program for Women, Infants, and Children (WIC) • Consider referral for high risk infants (prenatal substance exposure, prematurity, low birth weight, etc. to Development and Behavioral Pediatrics → CHCO Developmental Pediatrics (720-777-663) • Home visits/nursing
Education for families	<ul style="list-style-type: none"> • Treatment Options: Feeding, Sleeping/Soothing, and Diaper Rash • SafeCare Colorado for parent/caregiver support and resources • Safe sleep plan • Safe storage of substances • Sober caregiving • Naloxone (ensure available)
Resources/ Contacts to confirm	<ul style="list-style-type: none"> • If DHS is involved: confirm caseworker name/number, Guardian ad Litem (GAL - child’s legal representation and)



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